

When Life Throws A Curve Ball: Learning to Live on Less



Nov. 2 - Stress, Loss, Coping Skills, and Support
Nov. 9 - Financial Survival, Spending, and Savings
**Nov. 16 - Meal Planning, Food Shopping,
Recipes and Resources**
**Nov. 23 - Developing Skills for Re-Entering the
Workforce**
7:00 to 9:00 pm
St. James Church Hall, 3565 Hubble Road



RSVP: Sandy Keiser, Catholic Charities 241-7745

Light refreshments and random door prizes will be available.



Participating Organizations:
Catholic Charities SouthWestern Ohio
Consumer Credit Counseling Service
St. James Church Parish Organizations

